

2018 OVAC SPRING LAP POOL SCHEDULE

April 1st-June 30

| | <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> | <i>Saturday</i> | <i>Sunday</i> |
|-----------------|---------------------|-----------------|---------------------|-----------------|---------------------|-----------------|---------------|
| 6:00am-7:00am | Masters | LAP SWIM | Masters | LAP SWIM | Masters | | LAP SWIM |
| 7:00am-8:00am | LAP SWIM | | Masters | | LAP SWIM | | |
| 8:00am-9:00am | | | | | | | |
| 9:00am-10:00am | Masters Technique | LAP SWIM | Masters Technique | LAP SWIM | Masters Technique | LAP SWIM | |
| 11:00am-12:00pm | LAP SWIM | | LAP SWIM | | LAP SWIM | | |
| 12:00pm-1:00pm | Lunch Bunch Masters | | Lunch Bunch Masters | | Lunch Bunch Masters | | |
| 1:00pm-3:45pm | LAP SWIM | | LAP SWIM | | LAP SWIM | | |
| 3:45pm-5:30pm | Youth Swim Team | Youth Swim Team | Youth Swim Team | Youth Swim Team | Youth Swim Team | | |
| 5:30-6:30 | LAP SWIM | LAP SWIM | LAP SWIM | LAP SWIM | LAP SWIM | | |
| 6:30-Close | LAP SWIM | | | | | | |

All Lanes Open for
LAP SWIM

One lane available during class

OVAC coaches will always do their best to accommodate lap swimmers. As swim class attendance continues to grow you may be asked to share a lane if you plan to swim during scheduled classes. To ensure a comfortable lap swim, it's best to plan your lap pool workout before or after swim classes.

Revised 3/18



OJAI VALLEY
ATHLETIC CLUB