

OVAC Heat Waves Practice Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
Novice		3:45-4:30 Coach Meg		3:45-4:30 Coach Meg	
Junior I	4:30-5:30 Coach Meg		4:30-5:30 Coach Meg		4:30-5:30 Coach Laura
Junior II		4:30-5:30 Coach Meg		4:30-5:30 Coach Meg	
Junior Advanced	3:45-5:15 Coach Elin	3:45-5:15 Coach Wenke	3:45-5:15 Coach Elin	3:45-5:15 Coach Wenke	3:45-5:15 Coach Wenke