

2019 OVAC LAP POOL SCHEDULE

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
6:00am-7:00am	Masters	LAP SWIM	Masters	LAP SWIM	Masters		LAP SWIM
7:00am-8:00am	LAP SWIM		Masters		Masters		
8:00am-9:00am		Masters					
9:00am-10:00am	Masters Technique	LAP SWIM	Masters Technique	LAP SWIM	Masters Technique	LAP SWIM	
10:00am-12:00pm	LAP SWIM		LAP SWIM		LAP SWIM		
12:00pm-1:00pm	Lunch Bunch Masters		Lunch Bunch Masters		Lunch Bunch Masters		
1:00pm-3:45pm	LAP SWIM		LAP SWIM		LAP SWIM		
3:45pm-5:30pm	Youth Swim Team	Youth Swim Team	Youth Swim Team	Youth Swim Team	Youth Swim Team	LAP SWIM	
5:30-6:30	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM		
6:30-Close	LAP SWIM						

All Lanes Open for
LAP SWIM

One lane available during class

OVAC coaches will always do their best to accommodate lap swimmers. As swim class attendance continues to grow you may be asked to share a lane if you plan to swim during scheduled classes. To ensure a comfortable lap swim, it's best to plan your lap pool workout before or after swim classes.

Revised 12/19



OJAI VALLEY
ATHLETIC CLUB