

2020 OVAC LAP POOL SCHEDULE

Day/Time	Mon	Tue	Wed	Thur	Fri	Sat	Sun
Open-6:00am-	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	club open at 7am	club open at 8am
6:00am-7:00am	Masters		Masters		Masters		
7:00am-8:00am	LAP SWIM	Masters	LAP SWIM	Masters	LAP SWIM	lap swim	LAP SWIM
8:00am-9:00am						Masters	
9:00am-10:00am	Masters Technique	LAP SWIM	Masters Technique	LAP SWIM	Masters Technique	LAP SWIM	LAP SWIM
10:00am-12:00pm	LAP SWIM		LAP SWIM		LAP SWIM		
12:00pm-1:00pm	Lunch Bunch Masters	LAP SWIM	Lunch Bunch Masters	LAP SWIM	Lunch Bunch Masters	LAP SWIM	LAP SWIM
1:00pm-3:45pm	LAP SWIM		LAP SWIM		LAP SWIM		
3:45pm-4:00pm	Junior	Youth Swim Team	Junior	Youth Swim Team	Competition	LAP SWIM	LAP SWIM
4:00pm-5:00pm					Competition		
5:00pm-5:15pm	Sr. Comp	Sr. Comp	Sr. Comp	Sr. Comp	Sr. Comp	LAP SWIM	LAP SWIM
5:15pm-5:30pm							
5:30pm-5:45pm	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
5:45pm-Close							

All Lanes Open for LAP SWIM

Class will use 4 of 8 lanes –4 lanes available for lap swimming

One lane available during class

OVAC coaches will always do their best to accommodate lap swimmers. To ensure a comfortable lap swim, it's best to plan your lap pool workout before or after swim classes.

Revised 9/2020

